



# Volunteer Opportunities

## Girls Club of Alachua County

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### RECREATIONAL AIDE ASSISTANT

#### SUMMARY

The After School Sports and Recreational Camp provides girls ages 5-14 the opportunity to receive the psychological, physiological, and sociological benefits of sports. The girls are introduced to a variety of sports including but not limited to: volleyball, soccer, basketball, track & field, and softball. In addition to athletics, the girls engage in arts and crafts, field trips, character building activities and social and life skill development throughout the week.

#### TYPE OF WORK YOU CAN EXPECT TO DO

Assist the counselors with specific activities and be a positive and encouraging person. Volunteers are assigned to a specific age group (K-1 grade, 2-3 grade, 4-5 grade, 6-8 grade) throughout the duration of their time here.

#### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Patience, consistency, and the willingness to provide assistance and nurture positive experiences for the girls. Volunteers are not required to complete a minimum number of hours, but they are asked to be consistent with the days and times that they volunteer. Groups are welcome to plan an activity or take part in any previously scheduled activity. Volunteers are needed MTRF between 1:45 and 4:30 and between 12:30 and 4:30 on W. Specific times can be arranged with the program director.

#### CONTACT PERSON

Christi Arrington, Program Director    [program\\_director@girlsclubnet.org](mailto:program_director@girlsclubnet.org)

### TUTOR/HOMEWORK HELP

#### SUMMARY

Assist girls ages 5-14 with daily homework.

#### TYPE OF WORK YOU CAN EXPECT TO DO

Volunteers may identify a child that they would like to help on a consistent basis or they may help who ever requires assistance at the time. When the girls do not have homework, they are asked to read a book or they engage in academically enriching activities. The girls benefit from having one-on-one attention, whether it be reading or doing their homework. We have found that the girls are more motivated when someone comes each day to specifically help them. Girls need help with specific assignments and they need help studying for spelling and math tests. Many of the girls need encouragement to learn and complete their assignments.

#### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Patient, caring people who are willing to volunteer Monday - Friday from 4:30-5:30 are needed. Typically, the elementary age girls are given a packet of work in the beginning of the week to complete and turn in on Friday. For that reason, Monday-Wednesday we require more volunteers. Volunteers are asked to be consistent with the days and hours that they volunteer. Some computer knowledge is helpful with the older girls. Education majors would benefit greatly from this experience. Groups can make a daily, weekly or monthly commitment to the girls. These days can be arranged with the program director.

#### CONTACT PERSON

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2101 NW 39 Avenue  
Gainesville FL 32605

[www.girlsclubnet.org](http://www.girlsclubnet.org)

Phone: 352 378-8664  
Fax: 352 373-5550

Christi Arrington, Program Director    [program\\_director@girlsclubnet.org](mailto:program_director@girlsclubnet.org)

## GIRL SCOUT LEADER

### SUMMARY

The Girls Club of Alachua County typically offers Girl Scouts at two levels: Brownies (grades 1-3) and Juniors (grades 4-6).

### TYPE OF WORK YOU CAN EXPECT TO DO

Leaders receive training through the Gateway Girl Scout Council located in Gainesville. The two-day training is offered at various times throughout the year. Any cost for training and materials is incurred by the Girls Club. Once a volunteer receives training, a schedule can be arranged with the program director. Generally, a 1-2 hour meeting is held at the Girls Club once a week. Troop size varies from 5-20 girls.

### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Two leaders are preferred to lead each troop. They can be co-leaders or identify a leader and an assistant. Leaders are asked to commit to the public school year. Meetings are generally not held during school holidays, including Thanksgiving and Christmas. Leaders must be patient and able to lead the girls in on-site activities, field trips, and guide them towards "try-its" and patches. Cookie sales occur once a year and are coordinated by the troop leaders. Having some knowledge of girl scouting is beneficial.

### CONTACT PERSON

Christi Arrington, Program Director    [program\\_director@girlsclubnet.org](mailto:program_director@girlsclubnet.org)

## SPECIALTY CLASSES

### SUMMARY

Specialty Classes provide Girls Club members with the opportunity to engage in new experiences and broaden their interests.

### TYPE OF WORK YOU CAN EXPECT TO DO

Teach the girls a class on a specific topic. These classes may include dance, drama, piano, karate, singing, sewing, painting, or digital photography. A goal of the Girls Club is to provide an opportunity for the girls to broaden their experiences without necessarily leaving the Club. For that reason, we offer specialty classes to enhance or encourage the talents that the girls may have.

### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Patience, consistency, and the willingness to provide assistance and nurture positive experiences for the girls. A thorough background and knowledge of the subject is required. Volunteers can determine their level of commitment to the girls. Depending on the activity, sessions may last 2 weeks or the entire school year. Volunteers, along with the program director, can decide on a meeting time (between 3:00 and 6:00 Monday - Friday) and the number and age of the participants. Volunteers are encouraged to approach the program director to determine the feasibility of caring out an activity. In the past, a gentleman even shared his passion of coin collecting with a small group of girls. Groups are encouraged to share their talents as well.

### CONTACT PERSON

Christi Arrington, Program Director    [rogram\\_director@girlsclubnet.org](mailto:rogram_director@girlsclubnet.org)

## AFTER SCHOOL SPORTS AND RECREATION CAMP COACH

### SUMMARY

Athletics provides girls the chance to learn the value of teamwork, goal setting, and the pursuit of excellence in performance. In addition, they are developing athletic skills, being physically active, and having a great time.

### TYPE OF WORK YOU CAN EXPECT TO DO

After School Sports and Recreation Camp: Coach or assist in coaching a specific sport. Typically, the Girls Club After School Sports and Recreation Camp features a major sport and secondary activity every 4-8 weeks. Volunteers are needed to coach volleyball, soccer, basketball, softball, and track & field. Secondary activities may include yoga, aerobics, dance, cheerleading, flag football and ultimate frisbee.

Athletic Program: Coach or assist in coaching volleyball, basketball or track and field. Volleyball season runs from August-November; Basketball runs from November-February; Track and Field runs from March-May; Summer Sports Camps have included basketball, volleyball, slow-pitch softball, soccer and cheerleading.

### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Volunteers are needed at least twice a week to teach girls ages 5-14 the basics of specific sports and activities. A significant background and knowledge in a specific sport is necessary. Volunteers may also opt to coach a specific age group. The elementary-age girls are broken up into groups based on the grade that they are in: K-1, 2-3, 4-5. The youngest girls will not necessarily be able to play a game or have a competition at the conclusion of the 4-8 weeks. They will, however, have knowledge of the sport and they will have developed the skills necessary to participate in the sport (i.e. hand-eye coordination). Volunteers must be patient and be willing to adapt to varying situations. Volunteers can coordinate time periods with the program director. Structured activities occur between 3:00 and 4:30 Monday-Friday. No weekend opportunities are available. Small groups may be able to coordinate sporting activities. Suggestions for other activities and sports are encouraged.

### CONTACT PERSON

Christi Arrington, Program Director    [program\\_director@girlsclubnet.org](mailto:program_director@girlsclubnet.org)

## ATHLETIC PROGRAM COACH

### SUMMARY

Athletics provides girls the chance to learn the value of teamwork, goal setting, and the pursuit of excellence in performance. In addition, they are developing athletic skills, being physically active, and having a great time.

### TYPE OF WORK YOU CAN EXPECT TO DO

Athletic Program: Coach or assist in coaching volleyball, basketball or track and field. Volleyball season runs from August-November; Basketball runs from November-February; Track and Field runs from March-May; Summer Sports Camps have included basketball, volleyball, slow-pitch softball, soccer and cheerleading.

### DESCRIPTION OF REQUIREMENTS/SKILLS NEEDED

Volunteers are needed for two practices a week (either on Mondays and Wednesdays or Tuesdays and Thursdays) to coach a specific sport to girls ages 6-14. A significant background and knowledge in a specific sport is necessary. Volunteers may opt to coach a specific age group. Each sport is different, but the girls are primarily placed on teams by grade level and secondarily by skill level. Volunteers must be patient and be willing to adapt to varying situations. The Girls Club gives girls the opportunity for equal playing time in practices and games. Coaches must be able to coach various skill levels and ensure participation by all the girls on the team. Coaches must be able to commit to the entire 8-10 week season.

### CONTACT PERSON

Desiree Moore, Athletic Director    [athletic\\_director@girlsclubnet.org](mailto:athletic_director@girlsclubnet.org)

*Additional opportunities are available with maintenance, janitorial, and clerical duties. If you have an interest in any of these aspects of volunteering please contact Martha Lynn at 373-4475.*